HOMEWORK









What is Growth Mindset?

Neuroplasticity - the potential that the brain has to reorganise by creating new neural pathways to adapt, as it needs.

Research by Developmental Psychologist Dr Carol Dweck of Stanford University points to people having one of, or a combination of, two mindsets: Growth and Fixed. A child's belief about intelligence is an important factor in whether they become an effective learner.

Struggle and Failure: an integral part of learning

Fixed Mindset		Growth Mindset
	Intelligence is static.	Intelligence is expandable.
	I must look clever!	I want to learn more!
Avoids challenges		Embraces challenges
Gives up easily		Persists in the face of setback
Sees effort as pointless		Sees effort as the way
Ignores useful criticism		Learns from criticism
Likely to plateau early and achieve less than full potential		Reaches ever higher levels of achievement



What Kind of Mindset Do You Have?



I can learn anything I want to.
When I'm frustrated, I persevere.
I want to challenge myself.
When I fail, I learn.
Tell me I try hard.
If you succeed, I'm inspired.
My effort and attitude determine everything.



I'm either good at it, or I'm not.
When I'm frustrated, I give up.
I don't like to be challenged.
When I fail, I'm no good.
Tell me I'm smart.
If you succeed, I feel threatened.
My abilities determine everything.

Austin's Butterfly





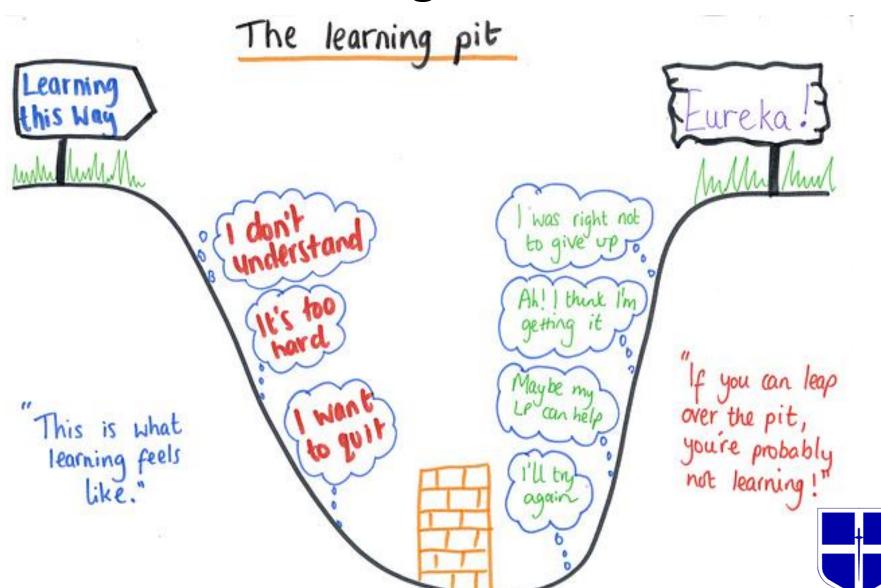
What is Growth Mindset?

Children often worry about failure in school, and feel doing poorly in one piece of work means they simply cannot and will never be able to do something. The message to them is that they may not be able to do it YET.

The power of **YET**

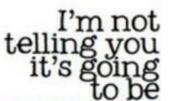








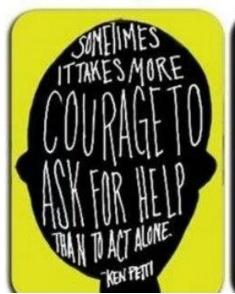


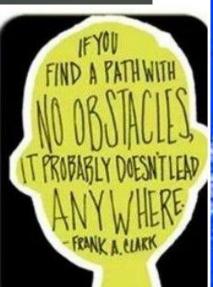




telling you it's going to be

WORTH IT.









Instead of: "You must be really clever to have solved that problem, you're good at Maths."

Try: "I like the way you tried different strategies until you finally got it. You thought of different ways until you got it to work."



The Learning Pit

Class mottos

Language changes - verbal and written

Explicit lessons and assemblies



Growing successful children

It was once thought telling children how smart they are would give them confidence in their abilities, the desire to learn, and the hardiness to withstand difficulty.

"The self-esteem movement got it wrong. Praising children's intelligence may boost their confidence for a brief moment, but by fostering the fixed view of intelligence, it makes them afraid of challenges, it makes them lose confidence when tasks become hard, and it leads to plummeting performance in the face of difficulty."

Dr Carol Dweck



Praise



"Children love praise. They especially love praise about their intelligence and talent. It really gives them a boost and a special feeling..... but only for a short time. The minute they hit a snag, their confidence can be destroyed and motivation hits rock bottom. If success means they are smart, then failure can mean they are dumb."

Praise

Research shows that praising the process—children's effort or strategies—creates eagerness for challenges, persistence in the face of difficulty, and enhanced performance.

"What we've found in study after study is that abilitypraise backfires. Emphasising effort gives a child a variable that they can control. They come to see themselves as in control of their success. Emphasising natural intelligence takes it out of the child's control, and it provides no good recipe for responding to a failure."

Carol Dweck



Praise achievement not ability

Our language tells children what we believe and what we value

Well done - you're learning to...



- Good it's making you think that's how your brain is growing!
- Every time you practise, you're making connections in your brain stronger.
- You're good at things you like because you work at them.
 Shirley Clarke

Praise achievement not ability

Our language tells children what we believe and what we value

- Let's look at what you've achieved.
- If you could already do it, you wouldn't be learning anything.
- Your skills have really improved.
- You can use this mistake. Think about why it didn't work and learn from it.

Shirley Clarke

Our future plans...

Learning Heroes/Learning Skills Leaves

 Development of Learning Reviews and Reflection (metacognition)

Split screen objectives

Learning behaviours targets



Thank you for your time!

You have demonstrated your commitment to supporting your child in their learning.

